

You can make life better for your family

Benefits of Strengthening Families

- › Voluntary for families/whānau
- › Family friendly
- › Respectful of tikanga Māori and cultural diversity
- › Good at helping families connect with their community

For more information

You can get in touch with Strengthening Families through an agency you are already dealing with, or you can contact your local Strengthening Families co-ordinator directly.

Strengthening Families
Whakapiripiri Nga Whānau

www.strengtheningfamilies.govt.nz

Strengthening Families is supported by

Family and Community Services
› www.familyservices.govt.nz ‹



Strengthening Families
Whakapiripiri Nga Whānau

Strengthening Families works for families

Strengthening Families helps you sort things out when life's challenges weigh you down. Whatever your concern or need:

- › Finding a warm, comfortable home for your family/whānau
- › Worries about your child's health or behaviour
- › Making ends meet
- › Your child not doing well at school
- › Coping with stress at home.

Strengthening Families brings together the agencies that can help your family/whānau deal with your concerns.

Your voice is important

The focus of Strengthening Families is always on you and your family/whānau. You choose when and where your Strengthening Families meetings are held – they could be at a marae or other community setting, for example – and what will be discussed.

You help decide which agencies will be at the meetings; and you can bring family/whānau members and friends for support.

By having everyone together at the same time, you only have to tell your story once.

Your Strengthening Families meeting

At the first meeting, you talk about what is important to your family/whānau, and what you want to see happen. The agencies invited to be there will talk about how they will assist you and your family/whānau.

Together, you and the agencies will develop a plan to help you achieve your goals. This plan identifies what everyone will be doing in the days and weeks ahead.

Follow-up meetings will be held to ensure the plan is working for you.

